**Topics covered in Planning 10**

**Health Education**

1. Personal Awareness
2. Reflections
3. Goal Setting
4. Decision Making
5. Graduation Requirements
6. Internet Safety
7. Addictions
8. Drugs
9. Alcohol
10. Driving – Graduated Licensing Program (GLP)
11. Communication
12. Relationships/Dating
13. Sexual Education
14. Body Image
15. Nutrition
16. Health Issues

**Career Education and Finance**

1. Career Exploration
2. Career Cruising – finding your potential career and the cost of education
3. Job Seeking & Job Keeping
   1. Resume writing
   2. Cover letter
   3. Application forms
   4. Interviews
4. Work Place Safety – WCB
5. Employment Standards Act
6. Financial Literacy Skills and Budgeting
   1. Financial terms and basic understanding
   2. Understanding budgeting
   3. Budgeting for the future
   4. Credit cards
   5. Writing Cheques
7. Graduation Transitions
   1. What is it and what will be expected

**Grading Criteria**

**35% - Formative** – Assignments/homework that are done during the class/unit.

**55% - Summative** – End of Unit Exams, Projects, Any assignment that demonstrates understanding of the unit studied.

**10% - Speaker notes** – Reflections on what the guest speaker presented on.