What is happening to the Mother during the 1st Trimester?

(Conception to week 14)

|  |  |
| --- | --- |
| Definition |  |
| Signs and Symptoms |  |
| Health and Nutrition |  |
| Medical Issues |  |
| Complications |  |

**Fetal Development weeks 4 to 14**

|  |  |  |  |
| --- | --- | --- | --- |
| Week | Size | Major changes in outside formation and structures | Major changes on inside organs and structures |
| 4 | Poppy seed |  |  |
| 5 | Sesame seed |  |  |
| 6 | Lentil |  |  |
| 7 | Blueberry |  |  |
| 8 | Kidney bean |  |  |
| 9 | Small grape |  |  |
| 10 | Kumquat |  |  |
| 11 | Fig |  |  |
| 12 | Lime |  |  |
| 13 | Pea Pod |  |  |
| 14 | Lemon |  |  |