**SAFETY IN THE KITCHEN**

GENERAL

* Keep drawers and cupboard doors **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**
* Wipe up spills **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**
* Use **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** or **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** to handle hot dishes; never use a **\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_** or an apron.
* Move in an orderly manner. Do not run in the lab.
* Avoid accidents by working in an **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** area: take your time and be cautious.
* Have the chairs pushed under the tables.
* Connect and disconnect electrical appliances by holding the **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**, not the **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**.
* Always **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** hands before handling electrical appliances.
* Use knives and all other sharp instruments correctly.
  + Cut **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** from yourself.
  + Carry knives with tip pointed **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** and laid **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** leg.
  + Lay sharp knives, peelers, etc. carefully aside after using.

USING THE STOVE & OVEN

* Pull rack **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** when putting baking pans into the oven or checking for doneness.
* Turn pot handles **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** from you to prevent dangerous spills.
* Remove lids away from you to avoid **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**
* Do not leave towels, papers, or other flammable items on the stovetop.
* Check to see if all elements and oven are turned **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** at the end of class.
* Relieve minor burns by keeping the burned area under cold running water.
* Be sure dishcloths, towels, clothing and electrical cords are

**\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_** from heating units to ensure safety from fire.

WASHING DISHES

* Never leave knives and sharp instruments in soapy dishwater. Wash **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**, dry immediately and put away carefully.
* Discard **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**or chipped dishes and equipment; place in proper **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**container. Pick up glass fragments with a **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** towel.
* Never **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** electric motors in water

(e.g. Electric mixers).

IN CASE OF FIRE

* Note the **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** of fire extinguishers and fire blanket in the room.
* Turn**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** the elements if the fire alarm sounds.
* Use the following to smother fires:
  + GREASE FIRE🡪 use **\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_**

(found in your unit) or use a tight fitting lid

* + ELETRICAL FIRE🡪 fire extinguisher
* Know and follow fire drill procedures.

*\*\*\* REPORT ALL ACCIDENTS IMMEDIATELY TO THE TEACHER\*\*\**