**Pillow Directions**

**Fabric and pattern layout**

1. Fold fabric **right sides** together in the **lengthwise fold**
2. Have your **selvages** lined up perfectly and that your fabric is flat (no bumps or lumps)
3. Pin you pattern piece so the **grain line** is parallel with your **selvages**

Selvages

*Fabric (Right sides are together -*

*Pillow Pattern*

*You cannot see them)*

Cut End Cut End

Grain line

Grains line

Lengthwise fold

1. Measure from your grain line to the selvages or the fold and make sure both ends to the grain line are the same distance to the selvages or fold line
2. Pin corners diagonally, pin any notches, curves and then pin in between each pins so they are approximately 3 inches apart (make sure the heads of the pins are not outside the pattern pieces) **Teacher Check: \_\_\_\_\_\_\_\_\_\_\_**

**Cutting and Marking**

1. Cut the pattern on the outside of the cutting lines
2. Use long even cuts, do not lift your fabric off of the table, use your non cutting hand to hold the pattern and material down
3. Place a pin through the 2 marking dots and mark them with your tailors chalk on the **wrong side** of your material

**Sewing the seam**

1. Pin your fabric **right sides** together with all cut edges perfectly even
2. Start at the dot closet to you (DO NOT SEW INBETWEEN THE 2 DOTS)
3. Sew a 1.5 cm seam allowance – backstitch 3-5 times
4. Sew around the entire pillow ending at the other dot and backstitch 3-5 times

Backstitch 3-5 times

at each dot

**REMINDERS**

* 1. use your corner guide to help you at each corner
  2. Make sure your needle is in the down position before you pivot at your corner

1. Now reinforce your corners by lowering your needle into the seam about 3 cm from the corner
2. Sew around the corner until the same distance on the other side

Sew just on the inside other first sewn line

Do this to all 4 corners

**Trimming the corners**

1. Trim the excess fabric from the corners, cut on a diagonal across each corner
2. CHECK WITH TEACHER BFORE YOU CUT

Place a **pin** between

the stitch line and the cut corner to ensure

You do not cut your stitch line!

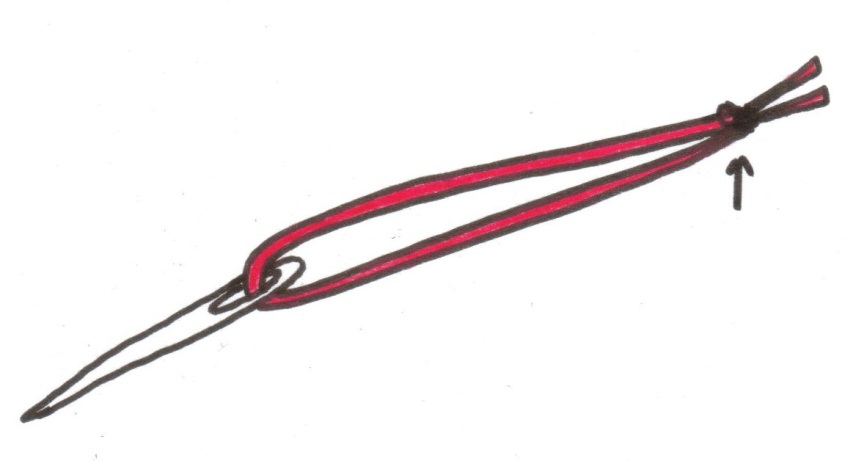
1. Do this to all 4 corners

**Stuffing your pillow**

1. Turn your pillow right sides facing out
2. Press the opening of your pillow keeping the fold even with the seams
3. Push all 4 corner out using a chop stick so they look like crisp corners not
4. Pull chucks of fiber fill out and stuff each corner first
5. Now stuff the rest of your pillow to how thick or thin you want it
6. Pin the open closed – Keep your folds even

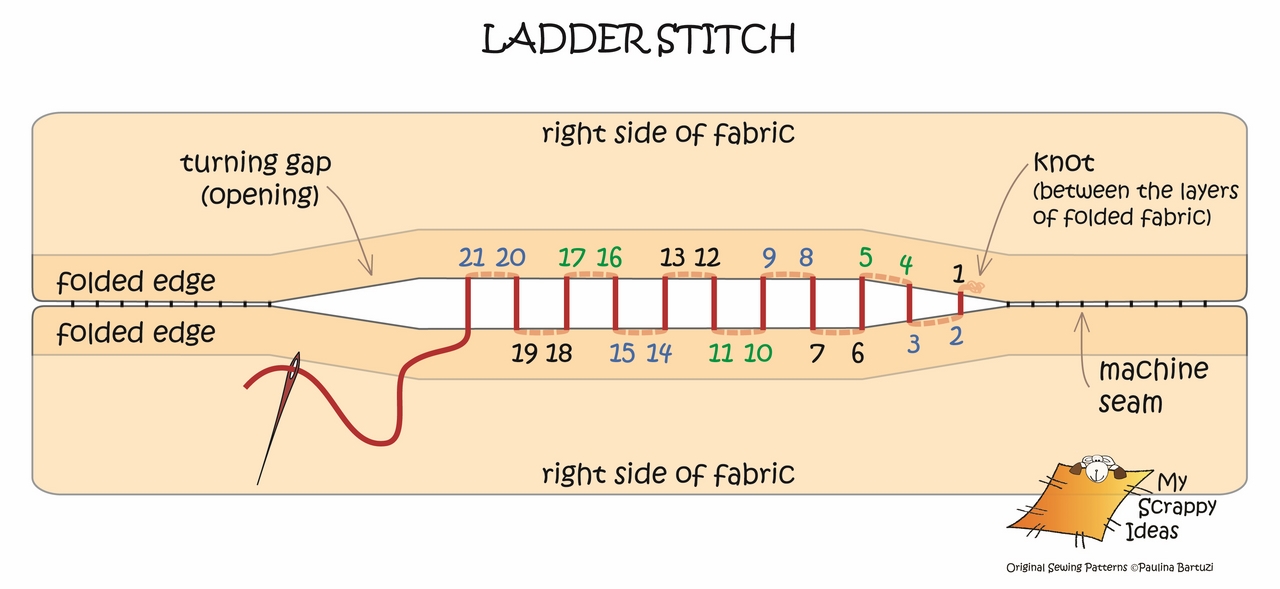
**Closing your pillow – Blind hand stitch**

1. Thread a hand sewing needle **with matching color thread to your pillow**
2. Double your thread and knot at the end of both threads



Knot

1. Bury the knot down inside the fold between the layers close to one end of the opening
2. Use the ladder stitch to close the hole



See the step by step tutorial on my website: epting.weebly.com – Textiles 8 – course info and assignments – ladder stitch tutorial.

1. **Make sure I cannot see any of your stitched or the ends of your thread!!**
2. You are now done
3. Attach the Marking Criteria to your pillow and hand it in

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Block:\_\_\_\_\_\_\_

**Marking Criteria for your Pillow**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Criteria** | Expert  **4** | Intermediate  **3** | Beginner  **2** | Starting out  **1** |
| Fabric | Right sides together |  |  | Wrong sides together |
| Lay out | Selvages are evenly lined up, fabric is flat, | Selvages lined up by material not flat OR selvages not lined up but material is flat | Selvages not lined up and material is not flat | Folded the wrong way – crosswise fold not length wise fold |
| Pattern Piece | Grain line is parallel to the selvage  Grain line is even at both ends of the arrow to either the folded line or the selvage | Grain line is parallel to the selvage  Grain line is off by less than ¼ of an inch | Grain line is parallel to the selvage  Grain line is off by more than a ½ an inch | Grain line is **not** parallel to the selvage of the fabric |
| Cutting and marking | All sides of the fabric are cut accurately. Both sides of fabric are marked with both dots | Sides somewhat cut accurately & both sides of fabric are marked with both dots **OR** Fabric cut accurately but not both sides of fabric are marked | Not cut accurately, both sides of fabric are marked **OR** Sides somewhat cut accurately but fabric is not marked with dots | Side not cut accurately and dots not marked |
| Sewing the seams | Right sides together, all seams at 1.5 cm and straight.  Backstitched 3-5 times at both ends  Left the gap between the dots open | Right sides together, most seams at 1.5 cm and somewhat straight.  Backstitched 3-5 times at both ends  Left the gap between the dots open | Right sides together, few seams at 1.5 cm and not straight.  Not properly backstitched at both ends  Forgot gap between the dots or too small a gap | Wrong sides were sewn together |
| Corners | Corners are pivoted and all corners are at 1.5 seam allowance | Corners are pivoted **NOT** all corners are at 1.5 seam allowance | Corners were not pivoted properly and not all corners are at 1.5 cm seam allowance | Corners were not pivoted properly and all corners are **NOT** at 1.5 cm seam allowance |
| Corners reinforces | All corners reinforced just to the outside of the original stitch line | 3 corners reinforced just to the outside of the original stitch line | Reinforced but too far from the original stitch line | Reinforced but on the inside of the original stitch line |
| Trimming Corners | All corners trimmed to 2 mm from corners | Almost all corners trimmed to 2 mm from corners | Trimmed too far away from stitch line or trimmed too close to the stitch line | Cut through the original stitch line |
| Stuffed pillow | All 4 corners well stuffed | 3 corners well stuffed | 1 or 2 corners stuffed | No corners stuffed |
| Ladder stitch  The beginning and end | Both knots are tucked inside, seam ends even and stitched are close to the fold lines | 1 of the following  Knot is visible  Seam ends not even  Stitches not close to fold line | 2 of the following:  Knot is visible  Seam ends not even  Stitches not close to fold line | Knot is visible, seam ends not even, stitches not close to fold line |
| Ladder stitch and gaps | Stitches are going through the fold lines and are not visible, not gaps or tucks of the fabric | Not all stitches going through the fold line, no gaps or tucks of the fabric | Stitches are not through the fold line, there are no gaps or tucks in the fabric | Stitches are not through the fold line, there are gaps and/or tucks in the fabric |
| Hand sewing | Invisible – very hard to tell where they stitched pillow closed | Can see a little bit | Can more than 50% | Can see the entire stitching |