Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Block: \_\_\_\_\_\_

**Cut the following material for your sample**

6 X 3” wide Sweatshirt material for sample #1 & 2

1X 13” wide Sweatshirt material for sample #3

1 X 8” wide Ribbing (make sure the stretch is going around)

1. **Regular Machine Very Narrow Zigzag Stitch Seam.** (**0.5**,C,2.5)

Use a very narrow zigzag. Do not stretch fabric.

**Sew a 6 mm seam allowance** (use the edge of the pressure foot)

Backstitch at each end

Press to relax the stitching

*PIN SAMPLE HERE AND SHOW TEACHER*

|  |  |  |  |
| --- | --- | --- | --- |
| **Skills** | **Understood** | **Not Quite** – look at the feedback | **Please redo** to fully understand |
| 6mm seam allowance & stitched straight |  |  |  |
| Used the **very narrow** zigzag |  |  |  |
| Cut edges lined up |  |  |  |
| Backstitched at beginning and end |  |  |  |

1. **Regular Machine Narrow Zigzag Stitch Seam.** (1.5,C,2.5)

Use a narrow zigzag and Do not stretch fabric.

**Sew a 6 mm seam allowance** (use the edge of the pressure foot)

Backstitch at each end

Press to relax the stitching

*PIN SAMPLE HERE AND SHOW TEACHER*

|  |  |  |  |
| --- | --- | --- | --- |
| **Skills** | **Understood** | **Not Quite** – look at the feedback | **Please redo** to fully understand |
| 6mm seam allowance & stitched straight |  |  |  |
| Used the **narrow** zigzag |  |  |  |
| Cut edges lined up |  |  |  |
| Backstitched at beginning and end |  |  |  |

1. **Attaching Ribbing to a Knit Fabric** – use narrow zig zag. (0.5,A,2.5)

* Sew right sides of the sleeve (sweatshirt Fleece) together with a 6mm seam allowance and a **very narrow** zigzag
* Sew right sides of the ribbing together with a 6mm seam allowance and press open
* Fold the ribbing WRONG sides together along the fold line (so both long cut ends are matching

* With the sleeve inside out, pin the right side of ribbing to the right side of the sweatshirt material.
* MATCH THE CUT EDGE OF THE RIBBING MATCH THE CUT EDGE OF THE BOTTOM OF THE SLEEVE.
* Match the seam of the sleeve with the sleeve.
* **Stretch the ribbing to fit the rest of the opening and pin.**
* Sew with a 6mm seam allowance and very narrow zigzag – Use the free arm on your machine!!!! **Need to STRETCH the ribbing as you sew**
* Press ribbing towards the sleeve. Turn sleeve right way out and topstitch using the edge of the pressure foot as your guide.

|  |  |  |  |
| --- | --- | --- | --- |
| **Skills** | **Yes** | **Not Quite** | **Please redo** t |
| Sleeve - right sides together  6 mm seam allowance, very narrow zigzag and straight |  |  |  |
| Ribbing - right sides together, 6 mm seam allowance, very narrow zigzag and straight |  |  |  |
| Ribbing & sleeve layers sewn together , 6 mm seam allowance, very narrow zigzag and straight |  |  |  |
| Seam pressed toward sleeve topstitch even and straight |  |  |  |