How to make and bind a quilt – Advanced Method

Jacob’s Ladder Quilt

Choose 2 or 3 different fabrics. When choosing your binding it can be the same as one of the colors you already have or a contrasting color.

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|  | * Cut the following pieces * 2 pieces at 4 7/8 X 4 7/8 inches   + (2 different colors these will be cut on the diagonal) * 2 strips at 2 ½ X 10 inches * 1 Strip of Binding 2 ¼ inches wide by 40 inches long |
|  | * Cut your two square on a perfect diagonal |
|  | * Put your ¼ inch foot on your machine * Set your stitch at 5, A, 2 * Check your tension on a scrap piece of fabric |
|  | * Take the 2 long strips and put them right sides together and stitch at a ¼ inch seam allowance * Make sure edges are perfectly lined up * You do not need to backstitch * Press seams to the dark side * Cut the long strip into 4 2 ½ X 2 ½ |
|  | * Match up 2 of the 2 toned squares perfectly * Sew right sides together with a ¼ inch seam allowance to create a 4x4 square. (make sure you alternate the colors) * You should now have 2 four X four squares |
|  | * Sew your diagonal seams right sides together with the 2 contrasting fabrics, ¼ inch seam allowance * DO NOT stretch the bias as you sew * Press toward the dark color |
|  | * Now you have 4 new squares in total * You need to decide how you are going to arrange your squares – this is entirely up to you |
|  | * Sew one of the diagonal squares with a 4X4 square, right sides together with a ¼ inch seam allowance * Sew the second diagonal square with the other 4X4 * Press seams to the darkest side * Sew the two new rectangles right sides together to create you final 8 ½ by 8 ½ square * BE CAREFUL to match up the middle point! |
|  | * Cut your backing and batting 1 inch larger on all fours sides as your quilt top * Use the spray adhesive and spray the backing with the wrong side facing up * Place the batting onto of the backing and smooth out * Spray the batting, place the quilt onto of the batting and smooth out * Make sure you gently pull at where the fabrics join each other to prevent puckering when you sew |
|  | * Set your pressure foot tension dial to 1 or 0 * Use a scrap fabric with batting and back to test it out. * Use a medium zigzag and stitch the outside of your quilt * Now decide what top design you are going to use and stitch the top   + Stitch in the ditch, channeling or free motion * Once finished trim the backing and batting |
|  | * Fold your binding in half and press * Sew the binding to the back side of the quilt   + (not like the picture below) * Line up the raw edge of your binding to the raw edge of your quilt – start just off of center |
| Going north then south for your binding | * Sew ¼ inch seam allowance * Stop just before the corner and sew on a diagonal off * Bring your binding and pull it away from you and then towards you creating an overlap * Make sure the edges of the folded over area are square to the corners * Sew again at ¼ inch seam and continue around the other 3 corners * Stop once you are ½ past the last corner |
| Extra fabric | * Overlap the two ends of the remaining binding that is not sewn by 2 ¼ inches * Sew the two binding pieces right sides together lining them up like the picture and sew corner to corner * Make sure the binding fits snug enough before you trim the excess fabric (Teacher check) |
|  | * Finish sewing the rest of the binding to the quilt * Press the binding to the other side of the quilt and pin * Top stitch from the right side of the quilt as close as you can to the edge * At the corner pull |
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