Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Block:\_\_\_\_\_\_\_\_\_\_

**Hooded Pullover Sweatshirt**

*Pattern is supplied at school*

**Choosing your size**

* The pattern size you choose is based on your chest size.
* This sweatshirt is designed to have 7 to 8 inches of ease around the chest/bust.
* This means if you make a size 28 pattern the finished bust will be 35 inches around.
1. **Chest/bust measurements:** Your chest measurement: \_\_\_\_\_\_\_\_\_\_

Highlight the size that is best for you around your chest

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Pattern Size | **A** | **B** | **C** | **D** | **E** | **F** | **G** | **H** |
| Best Chest Size | 28 in | 30 in | 33 in | 36 in | 39 in | 42 in | 45 in | 48 in |
| Finished Chest Measurement | 35 in | 38 in | 41 in | 44 in | 46 in | 50 in | 53 in | 56 in |
| Finished arm length | 24 in | 26 in | 27 in | 29 in | 30 in | 31 in | 32 in | 34 in |
| Finished back length | 22 in | 24 in | 25 in | 26 in | 27 in | 28 in | 29 in | 30 in |

Do you want to **lengthen** or **shorten** your sleeve? How many inches? \_\_\_\_\_\_\_\_\_\_

Will you need to **lengthen** or **shorten** the body? How many inches? \_\_\_\_\_\_\_\_\_\_

**Calculations for your Ribbing**

How wide do you want your sleeve and bottom band to be?

* Sample Sweatshirt Band is 2 ½” = Cut ribbing 5 ½” wide
* 3” final band = Cut ribbing 6 ½” wide
* 3 ½” final band = Cut ribbing 7 ½” wide

*High light the band depth that you want to use*

How tight do you want your sleeve band?

* + - Tighter sleeves will measure 8-9 inches in length (8” is the sample)
		- Looser sleeves will need to be no bigger than 10”

How tight do you want your Bottom Band?

* + - Tighter band would be 30” (as in the sample sizes)
		- A looser band would be about 34”
		- You can make it as loose as you choose just make sure you are not going smaller than 20% of your bottom garment!