**Term 3: Family Studies Assignments**

**Self- Esteem Reflection** (/4)

Starting now, until you go to bed tonight, I want you to be aware of which people and what other things affect your self-esteem.

What did you notice in your assignment? Share with the person next to you. Share it with Ms. Lee.

* How does this make you feel?
* Do you feel you have to power to control it or not?
* Consider the video clips?
* Were there any aspects you could relate with?
* Consider your sense of self-awareness?

**Attraction Reflection** (/4)

Are You Pretty or Ugly Video

<http://www.gettheguy.co.uk/blog/are-you-pretty-or-ugly-be-honest/>

What are your thoughts on the video?

**Communication Reflection** (/4)

1. Why do you think being a good communicator is important in establishing healthy relationship?
2. State one thing that your found interesting and will remember (Can be anything you have learned so far).

**Sexual Orientation Lesson** (/4)

As a teen, what are some ways a student who is struggling with their sexual orientation could do to help them feel comfortable with their self-identity?

**Movie: Definitely Maybe Worksheet** (/5)

1. At the beginning of the movie, he says, *“Sometimes, no matter how well you plan your playlist, there is no right track for what awaits you.”*

What is your interpretation of this statement in relation to relationships? (/2)

1. In your opinion, does this movie present a realistic or unrealistic portrayal of relationships? (/2)
2. Share one thing you learned about relationships from this movie. (/1)