

Open up to this pretty fabric

yelet fabric is at once nostalgic and modern. Garments made in eyelet fabrics can be simple, sweet, frilly, romantic, whimsical, elegant, or edgy, depending on pattern choice and application. Eyelet is typically a lightweight woven in which a pattern is made by cutting small holes. The openings' edges are finished with buttonhole stitches in matching or contrasting embroidery thread. This form of cutwork isn't a true lace but can be used similarly. Eyelet

may feature a border design, allover design, or both.

These fabrics come in many colors, however white versions, called whitework, broderie anglaise (meaning English embroidery), or Madeira work (which denotes examples from the Portuguese island) are the timeless examples.

CUTWORK HISTORY

Examples of eyelet date to the 16th century in Eastern Europe. Broderie anglaise is tied with England because of its popularity there during the 19th century for women's underclothing and children's garments.

Eyelet was originally cut and embroidered by hand. In some cases, holes were punched with an embroidery stiletto before finishing the edge; in other cases, the fabric was embroidered first, then holes were cut with scissors.

MODERN MANUFACTURE

These days, eyelet is primarily made with a buttonhole stitch outline using a Schiffli embroidery machine. These machines were developed in the 1860s, and the technology is still used today. Base fabrics are usually cotton, polyester/cotton, or linen; batiste, broadcloth, and organdy are common. After embroidery, the shapes are cut or punched out.

The next time you're thinking of sewing with a print, consider using eyelet instead for lovely dimension and texture.

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Sewing advice

The following techniques are recommended for working with cotton eyelet. When planning an eyelet garment, consider some of the same factors that influence lace designs, such as motif placement and seam-allowance show-through.

Pretreatment: Preshrink by machine washing on gentle with low or no spin and air-dry, as the embroidery thread might shrink at a different rate from the fabric itself. Iron on the cotton setting with a press cloth.

Marking: Use tailor's tacks rather than chalk, which may become embedded in the embroidery.

Cutting: Treat the embroidered motifs as you would a print. Place them thoughtfully, and use a complete pattern (both sides) for a single-layer layout if the fabric's design merits.

Needles and thread: Use size 11/75 needles and cotton or cotton/polyester thread for cotton eyelet. Test samples for the best needle, thread, and stitch length.

Seams, seam finishes, and hems: To reduce bulk in seams, finish the seam allowance edges with a three-thread serged edge or a pinked edge. To hide seam allowances, apply a Hong Kong finish with bias tape or organza.

Interfacing: Avoid fusible interfacings, as they will show through the open work. Silk organza in a color that matches either the skin or what will be worn under the garment provides practically invisible support.

Underlining: For modesty, underlining is essential for many garments featuring an allover eyelet design. To achieve a classic look, choose an underlining in a color that closely matches your skin tone. For a modern effect, try underlining in a contrasting color. Underlining provides an additional benefit: It hides construction details such as seam allowances.

Stabilizer: Use removable stabilizer on fabrics with large holes or a lot of open work. A wash-away type works well for any garment you plan to launder; otherwise, choose a tearaway stabilizer.

Enjoy the variety of colored eyelet designs, from the repeated leaf motifs on the yellow sample to the pink stitching on the white fabric to the effervescent, bubbly pattern on the greenand-white piece.