**Name: \_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Block: \_\_\_\_\_ Due Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Foods and Nutrition**

**KITCHEN EQUIPMENT SEARCH & FIND**

|  |  |  |
| --- | --- | --- |
| **Name of Equipment** | **Location** | **Purpose** |
|  |  | -to stir food while heating on the stove-to mix batters |
|  |  | -to measure small amounts of fats, liquids, and dry ingredients |
|  |  | -to slice & chop meats & vegetables |
|  |  | -to do chopping & cutting on |
|  |  | -to level dry ingredients when measuring-to spread butter and icing etc |
|  |  | -to knead dough on-to roll pastry out on |
|  |  | -to cut shortening into flour for biscuits & pastries |
|  |  | -to roll out cookies, biscuits, & pastries |
|  |  | -to use under hot saucepans-to protect countertops from heat |
|  |  | -to drain liquids from foods-to drain & rinse pasta |
|  |  | -to place baked products on after removing from the oven for cooling quickly |
|  |  | -to grate foods such as cheese, lemon rind, and carrots |
|  |  | -to steam vegetables in |
|  |  | -to turn meat when frying-to lift solid food pieces from boiling liquid |
|  |  | -to beat eggs-to whip cream-to mix batters |
| **Name of Equipment** | **Location** | **Purpose** |
|  |  | -to turn & lift fried eggs, pancakes, etc.-to remove cookies from the cookie sheet |
|  |  | -to heat foods that scorch & burn easily e.g. chocolate-to keep foods warm without drying out |
|  |  | -to cook food in on top of the stove-to make sauces that do not burn easily |
|  |  | -to scrape batter etc. off bowls & spoons-to scrape food off plates-to fold beaten egg whites into mixtures |
|  |  | -to measure liquids-to measure solid fats by the water displacement method |
|  |  | -to measure dry ingredients-to measure soft fats |
|  |  | -to sift flour before measuring |
|  |  | -to store ingredients in such as flour and sugar |
|  |  | -to peel fruits and vegetables |
|  |  | -to peel and slice up fruits and vegetables |
|  |  | -to bake cookies on |
|  |  | -to bake muffins or cupcakes in |
|  |  | -to remove the juice from citrus fruits such as lemons and oranges |